Trout fishing can be lots of fun! Two popular methods are flyfishing and spin fishing. Here are some basics of using this kind of gear for trout.

Flyfishing

Flyfishing uses a heavy fly line to cast a light fly. Fly rods are rated by the "weight" of the line. Rods of 3-weight through 5-weight are commonly used with floating line for trout. Flies used for trout mimic what they eat, like mayflies, caddisflies, minnows and crayfish.

Spinfishing

Spinning rods use light monofilament line and the weight of the lure or bait cast to reach trout. Trout anglers use light line, such as 4-pound test, to avoid frightening the trout. Common lures are spinners, small crankbaits and jigs. Popular baits include worms, minnows, mealworms and corn.

Remember to check the sea-Remember to check the seasons, sizes and creel limits of the water you plan to fish in your SummaryofFishing Reguyour SummaryofFishing Regulations and Laws before you go fishing.

illustration-Ron Kuhn